Questions to ask your doctor about infection risk during strong chemotherapy

Ask how Neulasta® Onpro™ may help reduce your infection risk through every cycle of strong chemotherapy

What type of chemotherapy am I receiving, and am I at risk for infection?

What could happen if I get a serious infection?

Is there a way to help boost my white blood cell count during strong chemotherapy?

What is Neulasta® Onpro™, and is it an option for me?

Should Neulasta® be part of my treatment plan?

Is there any reason why I should have to return to the office the day after strong chemotherapy?

How long would I need to use Neulasta® Onpro™?

Am I still at risk for infection after I complete my strong chemotherapy treatment?

What are the side effects associated with Neulasta®?

Is Neulasta® or Neulasta® Onpro™ covered by my insurance?

Indication
Neulasta® is a prescription medication used to help reduce the chance of infection due to a low white blood cell count, in people with certain types of cancer (non-myeloid), who receive anti-cancer medicines (chemotherapy) that can cause fever and low blood cell count.

Important Safety Information
Who should not take Neulasta®?
Do not take Neulasta® if you have had a serious allergic reaction to Neulasta® (pegfilgrastim) or to NEUPOGEN® (filgrastim).

Please see Important Safety Information on page 2
How to help reduce infection risk
During strong chemotherapy, it helps to know what things may lead to infections. Talk to your doctor about these suggestions to help reduce your risk:

• Wash your hands regularly to avoid getting an infection from things you touch
• No soap and water nearby? Carry hand sanitizer
• Ask friends and family to wash their hands or use hand sanitizer before coming into contact with you
• Avoid people with colds or flu
• Avoid large crowds as they may include sick people
• Bathe daily and dry your skin gently
• Use lotion to help prevent cracks in your skin
• Be careful about cuts and scrapes as they can lead to infection
• Cover any cuts and scrapes with clean bandages until they heal
• Consider using an electric shaver instead of a razor, to help prevent cuts when shaving
• Be careful when handling sharp objects
• Wear protective gloves during activities, such as gardening, that may lead to cuts and scrapes
• Ask your doctor if you should follow a diet designed for people with weakened immune systems
• Cook food thoroughly to kill infection-causing bacteria that may be in raw food.
• Consider Neulasta® Onpro™ to help protect against the risk of infection

Talk to your doctor about when you should call him or her immediately
It’s very important to know what symptoms should be reported to your doctor or nurse right away. Ask your doctor if there are any additional symptoms to add to the following list:

• Fever
  • Chills, cough, or sore throat
  • Severe constipation or loose stools or diarrhea over 24 hours
  • Painful or frequent urination, or inability to urinate for more than 4 hours
  • Mouth ulcers or sores in the throat or around the rectum
• Unusual vaginal discharge or itching
• Redness, swelling, or soreness of the skin around an implanted port
• Shortness of breath/chest pain
• Irregular or rapid heartbeat
• Blood in urine or stool

Important Safety Information, continued
What should I tell my health care provider before taking Neulasta®? Tell your healthcare provider if you:
• Have sickle cell trait or sickle cell disease
• Have had severe skin reactions to acrylic adhesives
• Are allergic to latex
• Have problems with your kidneys
• Have any other medical problems
• Are pregnant or plan to become pregnant. It is not known if Neulasta® may harm your unborn baby.
• Are breastfeeding or plan to breastfeed. It is not known if Neulasta® passes into your breast milk.

Tell your healthcare provider about all the medicines you take, including prescription and over-the-counter medicines, vitamins, and herbal supplements.
What are possible serious side effects of Neulasta®?

- **Spleen Rupture.** Your spleen may become enlarged and can rupture while taking Neulasta®. A ruptured spleen can cause death. Call your doctor right away if you have pain in the left upper stomach area or left shoulder tip area. This pain could mean your spleen is enlarged or ruptured.

- **A serious lung problem called Acute Respiratory Distress Syndrome (ARDS).** Call your healthcare provider or get emergency medical help right away if you get any of these symptoms of ARDS: fever, shortness of breath, trouble breathing, or a fast rate of breathing.

- **Serious Allergic Reactions.** Get emergency medical help right away if you get any of these symptoms of a serious allergic reaction with Neulasta®: shortness of breath, wheezing, dizziness, swelling around the mouth or eyes, fast pulse, sweating, and hives.

If you have an allergic reaction during the delivery of Neulasta®, remove the On-body Injector for Neulasta® by grabbing the edge of the adhesive pad and peeling off the On-body Injector. Get emergency medical help right away.

- **Sickle Cell Crises.** Severe sickle cell crises, and sometimes death, can happen in people with sickle cell trait or disease who receive filgrastim, a medicine similar to Neulasta®.

- **Kidney injury (glomerulonephritis).** Kidney injury has been seen in patients who received Neulasta®. You should notify your healthcare provider right away if you experience puffiness in your face or ankles, blood in your urine or brown colored urine or you notice you urinate less than usual.

- **Increased white blood cell count (leukocytosis).** Your doctor will check your blood during treatment with Neulasta®.

- **Capillary Leak Syndrome.** Neulasta® can cause fluid to leak from blood vessels into your body's tissues. This condition is called “Capillary Leak Syndrome” (CLS). CLS can quickly cause you to have symptoms that may become life-threatening. Get emergency medical help right away if you develop any of the following symptoms:
  - swelling or puffiness and are urinating less often
  - trouble breathing
  - swelling of your stomach-area (abdomen) and feeling of fullness
  - dizziness or feeling faint
  - a general feeling of tiredness

The most common side effect of Neulasta® is pain in the bones and in your arms and legs.

Tell your healthcare provider if you have any side effect that bothers you or that does not go away. These are not all the possible side effects of Neulasta®. Call your doctor for medical advice about side effects. You are encouraged to report negative side effects of prescription drugs to the FDA. Visit www.fda.gov/medwatch, or call 1-800-FDA-1088 (1-800-332-1088).

For more information about Neulasta®, talk with your healthcare provider or pharmacist; go to www.neulasta.com, or call 1-844-696-3852 (1-844-MYNEULASTA).

Please see Neulasta® Patient Information